

served from 11 am to 5 pm

soup

SOUP OF THE DAY 8
VEGAN TOMATO SOUP 8

salads

BUTTER LETTUCE SALAD
buttermilk blue cheese, cherry tomatoes, fresh herbs,
nueske's bacon half 10, full 16

FRESH VEGETABLE SALAD
edamame, fresh corn, jicama, haricots verts, red bell
peppers, avocado, toasted cashews, hemp seeds, daikon
sprouts, ginger vinaigrette 15

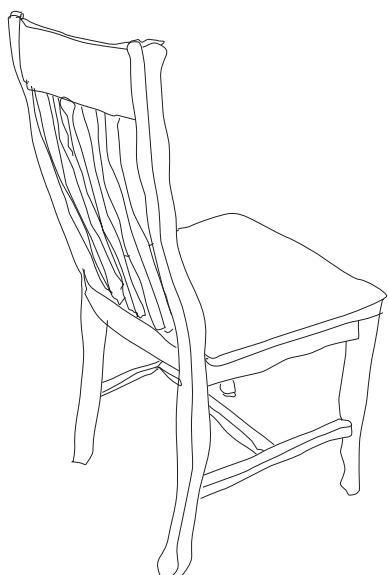
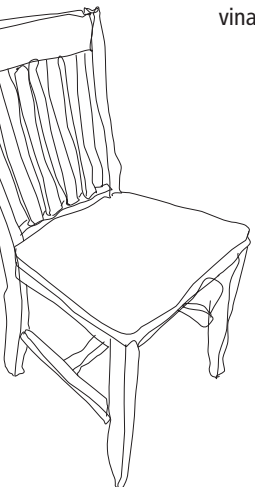
WARM LENTIL SALAD
pancetta, cherry tomatoes, red onion, arugula, fried eggs,
parmesan, sherry vinaigrette 14

CLASSIC CAESAR SALAD
spanish white anchovies, reggiano parmigiano half 9, full
15, add grilled shrimp 8, grilled chicken breast 4, or
grilled flatiron steak 6

FARRO SALAD
wild arugula, pecorino, lemon red wine vinaigrette 12

SEARED ALBACORE TUNA NICOISE SALAD
fingerling potatoes, haricots verts, olives, spanish white
anchovies, capers, hard boiled eggs, red wine dijon
vinaigrette 18

HEMP SEED CRUSTED TOFU SALAD
shishito peppers, mizuna, wild mushrooms, miso rice wine
vinaigrette 12



pasta

TRENETTE WITH OVEN DRIED TOMATO PESTO
shaved pecorino 17, with italian chicken
sausage 21

CLAMS & SPAGHETTI ALLA CHITARRA
house made chorizo, baby spinach, roasted red peppers
18

sandwiches

HOUSE MADE TUNA SALAD SANDWICH
roasted garlic aioli, mixed greens, sourdough bread,
french fries or salad 14

GRILLED FLOUNDER SANDWICH
spicy chili aioli, citrus slaw, french fries or salad 16

BLD CHICKEN CLUB
provolone, nueske's bacon, lettuce, tomato, herb aioli,
organic wheat bread, french fries or salad 16

HOUSE SMOKED PASTRAMI REUBEN
sauerkraut, russian dressing, gruyère, rye bread, french
fries or salad 17

SPICY CUBAN STYLE PORK SANDWICH
braised pork, house made porchetta, gruyère, mustard,
pickles, french fries or salad 16

burgers

BLD VEGAN BURGER
jalapeño cashew cheese, alfalfa sprouts, smoked tomato
ketchup, whole wheat bun, french fries or salad 14

GRILLED TURKEY BURGER
choice of cheese (gruyère, aged cheddar, blue), house
made pickles, french fries or salad 16

GRILLED LAMB BURGER
feta cheese, tzatziki sauce, grilled marinated onions,
french fries or salad 17

BLD HOUSE BEEF BURGER
aged vermont cheddar, oven dried tomato pesto, wild
arugula, french fries or salad 16

please note consuming undercooked
meat, poultry or eggs can cause foodborne illness

